



YSGOL GYMUNEDOL

PORTH

COMMUNITY SCHOOL

LIFE SKILLS &
WORLD STUDIES FACULTY



SPORT STUDIES

YEAR 11 PE CURRICULUM MAP



OVERVIEW

The pupils will be completing their GCSE Physical Education (Full course) qualification in year 11. The course is a continuation from the contents covered in year 10 with the GCSE Physical Education (Short course). The WJEC GCSE in physical education will enable learners to engage in a practical course, designed to encourage learners to be inspired, motivated and challenged by the subject and enable them to make informed decisions about further learning opportunities and career pathways. Through studying GCSE Physical Education, learners will acquire the knowledge, understanding, skills and values to develop and maintain their performance in physical activities and understand the benefits to health, fitness and well-being

GCSE PHYSICAL EDUCATION YEAR PLAN:

PERSONAL FITNESS PROGRAMME

PSYCHOLOGY OF SPORT & PHYSICAL ACTIVITY

SOCIO-CULTURAL ISSUES IN SPORT & PHYSICAL ACTIVITY

| STRUCTURE | |
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| LESSONS | 5 lessons a fortnight [60 minutes each]. |
| CLASS WORK | The class work will be completed in folders with the continuation from year 10. The course work will be completed in the IT suite and the practical lessons will be held in the sports hall (barn), dance studio and 3G |
| DELIVERY | Each topic will be taught through a range of tasks practically and theoretically to build towards end of topic tests, controlled assessment and a practical examination |
| ASSESSMENT & FEEDBACK | The assessment will be through end of topic tests, controlled assessment and practical examination. Feedback through feedback sheet and DIRT |
| SKILLS | subject-specific skills |
| HOMEWORK | Homework will centre around extension tasks, revision and exam practise. |
| RESOURCES | WJEC GCSE PE Introduction to Physical Education Study and Revision Guide (Sean Williams) |
| RESULTS | Results and data will be discussed / moderated at department meetings and logged on SIMS spreadsheets. |
| SPECIALISTS | Mr J Leyshon, Mrs N Isaacs |



YEAR PLAN

| TOPIC | TIME (approx.) | LESSON CONTENT | SUMMATIVE ASSESSMENT |
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| PFP | 7 WEEKS | <ul style="list-style-type: none"> GCSE Year 9 Intro and covering books Chronology Source evaluation Interpretation Assessment 1 | <p>TASK: Controlled assessment (course work) worth 8% of the final grade</p> <ul style="list-style-type: none"> Assessed against the PFP marking criteria Demonstrate and apply relevant skills and techniques in physical activity and sport Analyse and evaluate performance |
| Movement Analysis | 8-10 WEEKS | <ul style="list-style-type: none"> Short Term Causes Long Term Causes Life in the Trenches Emotions in Trenches Propaganda Women at War Wales at War Battle of the Somme End of War Remembrance Assessment 2 & DIRT | <p>BOOKLET TASKS: Booklet will contain the following GCSE questions:</p> <ul style="list-style-type: none"> Describe question: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport Explain question: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport Analyse: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport <p>TASK: End of Topic test.</p> |
| Psychology of Sport and Physical activity | 8-10 WEEKS | <ul style="list-style-type: none"> Goal setting information processing Guidance Mental preparation Motivation Characteristics of a skilled performance Classification of skills Types of practice | <p>BOOKLET TASKS: Booklet will contain the following GCSE questions:</p> <ul style="list-style-type: none"> Describe question: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport Explain question: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport Analyse: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport <p>TASK: End of Topic test.</p> |



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| <p>SOCIO-CULTURAL ISSUES IN SPORT AND PHYSICAL ACTIVITY</p> | <p>8-10 WEEKS</p> | <ul style="list-style-type: none">• Participation• Strategies to improve participation in sport and physical activity• Provision• Performance | <p>BOOKLET TASKS: Booklet will contain the following GCSE questions:</p> <ul style="list-style-type: none">• Describe question: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport• Explain question: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport• Analyse: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport <p>TASK: End of Topic test.</p> |
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