

## MEMORANDUM

**FROM:** Clare Shears. Senior Nurse for School Nursing and Health Visiting.  
Bridgend Integrated Locality Group

**TO:** School Nursing workforce and Head Teachers

**DATE:** 27.05.2022

**SUBJECT:** New TikTok craze

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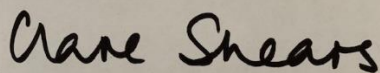
Dear member of staff and Head Teacher

The School Nursing service have been made aware of a new TikTok craze called the "choking challenge" or "the blackout challenge", where by children and young people are being attacked from behind and choked. There have been 4 attendances to our Emergency Departments over the last two weeks, particularly in the Royal Glamorgan Hospital, which is very concerning.

If you feel the students may need support around this issue, please contact your named school nurse for further advice.

I would be very grateful if your school can send out an email to parents and carers to alert them and be vigilant of these behaviours.

Many thanks for your support



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